



COMMUNITY WELLNESS CENTER

The Lewis Goodhouse Wellness Center provides community wellness services at United Tribes Technical College (UTTC). UTTC is dedicated to promoting the health and wellness of students, staff, and family visitors within the campus community. The college fosters a safe environment where individuals can experience diverse cultures, explore mainstream opportunities, and focus on building a positive future as they embark on their lifelong learning journey.

Athletic Department

United Tribes Technical College (UTTC) proudly hosts the Thunderbird Athletic Program, which provides student-athletes with the opportunity to compete at the intercollegiate level under the National Junior College Athletic Association (NJCAA) guidelines. Since its inception in 1985, the Thunderbirds have established themselves in NJCAA Division II, particularly in Men's and Women's Basketball, competing fiercely within Region XIII and the Mon-Dak Athletic Conference.

The program attracts student-athletes from across the United States and around the world, aiming to showcase the talents of Native American athletes. Notably, the men's basketball team has a rich history, highlighted by three appearances in the national tournament during the late 1990s and early 2000s. They recently returned to the National Tournament in the 2023-2024 season. The women's team also has a distinguished legacy, appearing in the National Tournament during the 2015-2016, 2019-2020, and 2022-2023 seasons.

UTTC is committed to nurturing student-athletes academically and athletically, ensuring a bright future for Thunderbird Athletics. Interested individuals can visit the Athletic Department at the James Henry Community Building or contact the Athletic Director at 701-221-1362 for more information about joining the program.

Arthur and Grace Link Child Development Center (CDC)

Welcome to the Child Development Center (CDC), a vibrant place on campus where we cherish nurturing and guiding 43 little ones aged birth to six! We believe every child deserves the chance to flourish in a warm, culturally rich environment, and our dedicated staff is committed to fostering their growth physically, cognitively, socially, and emotionally. Our engaging daily activities include art, music, and play, tailored to each child's unique development stage.

Located conveniently on Fort Berthold Ave, our doors are open from 7:30 am to 5:30 pm, Monday through Friday. To ensure a spot for your child, please remember to complete the enrollment packet and keep immunizations up to date. We invite you to reach out to us at 701-221-1754 for more details. Join us in creating joyful learning experiences for your child!

Wellness Counseling

At the Wellness Counseling (WC) office, we are genuinely passionate about supporting UTTC students in their journey of lifelong learning and personal development. Our dedicated staff is here to provide a wide range of services tailored to your needs, including academic guidance, help

adjusting to college life, and individual, family, and group counseling. We're excited to offer programs like Positive Indian Parenting, Anger Replacement Training, and our Women Inspiring Women and Warriors Circle Groups. Our holistic approach is designed to enhance the well-being of every student. Remember, we're here for you! Our office is open Monday to Friday from 8:00 AM to 5:00 PM. Don't hesitate to reach out during our noon hour, and for any after-hours emergencies, our on-call services are just a call away through the UTTC Security Office. We look forward to supporting you!

Chemical Health Center

The Chemical Health Center (CHC) is dedicated to supporting individuals on their journey to recovery. We offer various services, including education and prevention programs, adult outpatient and intensive outpatient substance abuse treatment, aftercare counseling, and personalized referrals to meet your needs. Join us for supportive group meetings like Alcoholics Anonymous and Wellbriety, or participate in our engaging alcohol- and drug-free activities, and access our video library. We're here for you Monday through Friday, 8:00 am to 5:00 pm, with coverage during the lunch hour. Our after-hours emergency services are just a call away through the UTTC Security Office. Let's take this journey together!

Domestic Violence Advocate

The Domestic Violence Advocate is dedicated to offering compassionate and culturally sensitive services to individuals experiencing domestic violence, dating violence, sexual assault, and stalking. Collaborating with local service providers in Bismarck/Mandan, this advocate is committed to supporting UTTC students and plays a vital role in the community response team. The advocate ensures that everyone feels secure by fostering a safe and welcoming environment for all UTTC students, their families, and staff. Our office is open Monday through Friday, 8:00 am to 5:00 pm, and we also provide after-hours emergency services through the UTTC Security Office for your peace of mind.

Health Promotion Center

At the Health Promotions Center, we are genuinely dedicated to the well-being of every student, staff member, and faculty member. Our proactive approach aims to create a vibrant, healthy campus where everyone can personally and academically thrive.

We envision a community where a safe and comfortable environment fosters educational, social, and developmental growth for all. Through our initiatives, we actively educate the UTTC community, offering programs that tackle health risks and encourage positive lifestyle choices while advocating for supportive policies.

Our efforts span various areas, including disease prevention, peer support, and creating inclusive spaces for everyone. We are thrilled to offer all Health Promotions activities and fitness facilities at no charge to the UTTC community!

Feel free to drop by during our hours: Monday to Friday from 6 AM to 9 PM, Saturday from 9 AM to 6 PM, and Sunday from 12 PM to 6 PM. We can't wait to see you and support your journey to health and wellness! Please note our holiday closures align with the academic calendar.

Cultural Wellness Center

Cultural wellness truly enriches our tribal college community at UTTC! It's evident in our Health Promotions activities, campus events, the beautiful Interpretive Trail, and traditions like smudging, sweat lodges,



hand games, and round dances. These experiences are designed to engage college students, staff, and even the children at Theodore Jamerson Elementary. Our dedicated Cultural Wellness Coordinator, part of the Health & Wellness team, provides holistic support tailored to our students' needs, including Human Services and Peer Support. Together, we foster a vibrant, supportive environment where everyone can thrive! Interested individuals can visit the Cultural Coordinator at Building 15 for more information about Cultural Wellness or contact the Cultural Wellness Coordinator at 701-221-1384.

Student Health Center

The Student Health Center (SHC) provides comprehensive medical care specifically for Native American students and their families. We're excited to assist with referrals to local medical facilities in the Bismarck/Mandan area or to the nearest Indian Health Services at the Fort Yates Public Health Service. Our doors are open Monday through Friday from 8:00 AM to 5:00 PM, and for urgent situations after hours, our on-call services can be reached through the UTTC Security Office. We're here for you, so please don't hesitate to contact us at (701) 221-1331 for more information about our services. Your health and well-being are our top priorities!

Disabilities Support Services

The Wellness staff is dedicated to ensuring that students with disabilities can access a full range of appropriate and reasonable accommodations for their classes. One of our primary goals is to promote self-advocacy among students with disabilities. We also support students who may not yet have a diagnosis but need assistance, resources, or referrals.

At UTTC, we provide equal access and opportunity for all academic programs and campus activities for students with disabilities. Our team will work with students to coordinate services with other campus resources, offer guidance and support, and deliver services confidentially and with cultural sensitivity.

Students seeking accommodation at UTTC must complete an intake form and provide documentation of their disability from a qualified clinical provider. It is essential to maintain contact with a designated Wellness staff member throughout the academic semester. Additionally, students will collaborate with their Disability Support Services (DSS) Coordinator to update their accommodations each semester as their class schedule changes.

Campus Services adheres to regulations outlined in Sections 503 and 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1990 (ADA), the ADA Amendments Act of 2008, and other applicable federal and state laws prohibiting discrimination based on disability.

Disability support services are provided at UTTC's Wellness Center (Building 69). A Wellness staff member is available Monday through Friday from 8 AM to 5 PM. Students can call 701-221-1707 to schedule an appointment.

Dining Hall

The Dining Hall is excited to offer three nourishing meals daily from Monday to Friday and two delightful brunches on weekends and holidays throughout the academic year. Students living in dorms enjoy these meals as part of their housing contract, creating a warm and communal dining experience. We welcome everyone from the public—including single parents, married students, and staff—who wish to join us for a meal. Payments can be conveniently made with cash, debit cards, checks,

or meal tickets, available at the Finance Office in the Administration Building.

Our amazing Dining Hall team puts their heart and soul into crafting a delightful variety of healthy and tasty meals for all to enjoy! We're proudly partnered with Go Weh Yaza, a respected Native American management company from Albuquerque, NM, that skillfully oversees our operations. Every meal promises to be a joyful experience!

Blue Buttes Grill

If you're looking for a casual bite, visit the Blue Buttes Grill in the James Henry Gymnasium! We offer an excellent selection of items on the menu, from sandwiches and burgers to fresh salads and comforting soups, along with hot and cold coffee beverages, smoothies, and sodas. Whether you want to dine in or grab something to go, we have you covered! Please note that we'll close early at 3 PM on game days for concession setup. We look forward to sharing meals with you!

Hours: 11:00 a.m. – 8:00 p.m. weekdays (subject to change).

Housing

The UTTC Housing Department proudly creates a warm and inviting "home away from home" for all students, whether in our historic residential halls or family housing. We're committed to promoting independence and responsibility, helping students thrive on their journey!

Our campus features three cozy residential halls: Sakakawea, Sitting Bull, and Itan'can Hall. Dedicated staff are available 24/7 during the academic year. They work tirelessly to foster positive social interactions, support your educational growth, and encourage healthy living in accordance with our welcoming policies.

For students with families, UTTC offers not just a place to stay but a safe and nurturing community that prioritizes wellness and academic success. Our vigilant campus security officers and housing team are always on hand to ensure your safety. Remember, for after-hours emergencies, you can reach our on-call services by contacting the UTTC Security Office at (701) 221-1700 or dialing 911. We're here for you—enjoy your time at UTTC!

Accessibility Policy

Student facilities, dorms and instructional buildings at UTTC are accessible to those who are physically challenged. When services or instruction are provided in buildings that are not physically accessible, reasonable arrangements will be made to assure that the needs of individual students are met. Please contact the Wellness Counselor at 701-221-1383 or Health & Wellness Director at 701-221-1707.